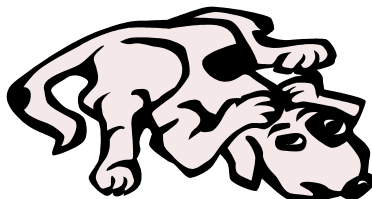


“I love my muzzle,” instructions

Muzzles 1

Getting your dog to like the muzzle. The purpose of this exercise is to begin the process of teaching your dog (by *association*) to love the muzzle. It may take 2 or 3 ten to fifteen minute sessions to get all the way through the sequence. Start at the beginning each time. The key points to remember are that the treats don't start until the muzzle is in the picture and that the treats disappear when the muzzle does. It is not necessary to have fitted the muzzle straps at this point, since you will not buckle it yet.

- Supply yourself with the equivalent of about one third of your dog's daily food ration in treats. Use something he really likes, that you can cut into tiny pieces.
- Cup the muzzle in your hand so that it is open and toward your dog (he could put his nose into it if he wanted to). As soon as he notices it, give him a treat.
- Put a bit of food just inside the muzzle (careful not to let it fall through!), and let your dog take the treat.
- As soon as the treat is gone, remove the muzzle (you can put it behind your back for a moment)
- Repeat, until your dog is anticipating the treat by sticking his nose into the muzzle.
- Repeat until your dog is pushing his nose all the way into the muzzle to get the treat.
- Now start to push a treat through the end of the muzzle (rather than sticking your hand in to place it) and let him get it.
- When he is eagerly pushing his nose through the muzzle as soon as you present it, leave it on while you feed several treats through the end in quick succession.
- When you can leave muzzle on for 20-30 seconds while delivering a treat every 2-3 seconds, go back to putting it on for just a second, but taking one neck strap around his neck for a second before treating and removing the muzzle.
- Work up to holding both neck straps around his neck (do **not** buckle them) for several seconds while you deliver treats.



Day _____ minutes

Fed 20 treats through the muzzle

My dog is → isn't → consistently pushing his nose through the muzzle.

If he is, go on to the next step. If not, continue feeding through the loop.

Fed treats while leaving the muzzle on for 2 seconds--removed muzzle

Fed treats while leaving the muzzle on for 4 seconds--removed muzzle

Fed treats while leaving the muzzle on for 6 seconds--removed muzzle

Fed treats while leaving the muzzle on for 10 seconds--removed muzzle

Fed treats while leaving the muzzle on for 15 seconds--removed muzzle

Fed treats while leaving the muzzle on for 20 seconds--removed muzzle

Muzzles 2

Day _____, minutes

Fed 5 treats through the muzzle

My dog is → isn't → consistently pushing his nose through the muzzle.

If he is, go on to the next step. If not, continue feeding through the muzzle

Fed treats while leaving the muzzle on for 10 seconds--removed muzzle

Fed treats while leaving the muzzle on for 20 seconds--removed muzzle

Held one neck strap around his neck for 1 second before treating

Held one neck strap around his neck for 3 seconds before treating

Held one neck strap around his neck for 10 seconds before treating

Held both neck straps around his neck for 1 second before treating

Held both neck straps around his neck for 3 second before treating

Held both neck straps around his neck for 10 seconds before treating

Getting your dog to like wearing the muzzle. When your dog is happy to take treats for as long as you will deliver them while you hold the ends of the neck strap around his neck, you are ready for the next step. The purpose of this exercise is to teach your dog to actually wear the muzzle for some duration.

- Supply yourself with the equivalent of about one sixth of your dog's daily food ration in treats
- Go quickly through the sequence of treating through the muzzle, first without, and then with the straps held up.
- When you can hold the straps together (almost as if they were buckled) and feed for several seconds, try buckling the straps for a second, giving a great treat, then taking the muzzle off.
- Work up to leaving the muzzle buckled for several seconds while you feed treats
- Check your muzzle for proper fit (the neck strap should be tight enough so that you can just squeeze your finger under it; the fabric funnel should be just loose enough so that he can take small treats from your hand)
- Feed your dog all the rest of the food and treats with the muzzle on. As soon as he finishes, take the muzzle off and leave him alone for a few minutes.
- Put his muzzle on right before you put on his regular collar and leash to go for a walk. Walk him away from home with the muzzle on; take it off when you head back home (unless going home again is his favorite part of the walk!)

Day _____

- Fed 2 treats through the muzzle
- Fed treats while leaving the muzzle on for 20 seconds--removed muzzle
- Held one neck strap around his neck for 10 seconds before treating
- Held both neck straps around his neck for 10 seconds before treating
- Buckled the straps for 2 seconds before treating, then removed muzzle
- Buckled the straps and checked the fit
- Fed remaining treats with muzzle on; removed and ended session

Day _____

- Repeated last day's session, but ended session with a walk with muzzle on.
- Hand fed 1 meal with the muzzle on
- Fed 2nd meal with the muzzle on

My dog gets excited when he sees the muzzle

YES
NO

Muzzles 3

Use your muzzle on all walks. Continue feeding one-third daily food on muzzle

Day _____

I walked my dog for minutes today with the muzzle on

Day _____

I walked my dog for minutes today with the muzzle on

Day _____

I walked my dog for minutes today with the muzzle on

I have questions about what to do when my dog _____

with the muzzle on